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## Blackledge Autobiography

I was a military "Brat", but even more than that, I come from a long history of military men <sup>and</sup> as well as exceptional achievers. In short, I've had a lot to live up to. And that could very well be the core of what's caused the majority of angst in my life.

I am the number one son of the number one son <sup>Alan, sorry Grand Dad!</sup> of the Captain. My Grand Dad, Captain ~~Allen~~ Blackledge, USNA Class of 1920, was clearly the patriarch of his family, with 5 children. They all wanted to be the best for the Captain, which always led to intense (but loving) rivalry amongst the siblings. Unfortunately for the 3 oldest siblings, they were not boys. They immediately lost that competition once my Dad was born.

And so, the legacy continued. My Dad, USNA Class of 1963, had a full 20 year career as an Air Force Officer (he saw the light and cross commissioned out of Annapolis). He met my mom as a young Lieutenant, and I was eventually born to them while my dad was teaching, ironically, at the U.S. Air Force Academy that would become my Alma mater nearly 22 years later.

My childhood was happy. I didn't have any bizarre experiences or abusive situations. I was a fairly mild mannered kid that had normal friends. The first move I remember was from Virginia to Las Vegas (age 5) then Vegas to Albuquerque, NM just before my 9<sup>th</sup> birthday. I thought that timing was pretty cool because I got to have one birthday party in Las Vegas, then a second one in Albuquerque which helped me meet new friends quickly. My Dad retired in ABQ, so that's where most of my

growing up occurred.

I enjoyed playing with my friends in the neighborhood. We lived in the foothills of the mountains, so there was a lot of outdoor activity. We rode our bikes

on the mountain trails and climbed on rocks a lot.

I had a tendency to be a little bit whiny. I cried to my parents when things didn't go my way. Then, one day, I had the proverbial boy who cried

wolf experience. I was playing on the large boulders in my backyard. I tried to jump from one boulder to grab onto a railing supporting the deck

on the back of my house, slipped and fell onto the cement porch below. My wrist was broken, and I

ran screaming into the house. My parents told me to quiet down and sent me to my room to

"calm down". I eventually managed to remove the wristband concealing the 90° angle where a straight arm should have been. My mom rolled her eyes and called my Dad over: "Oh, shit Mike. He really did break it!". I didn't cry as much after that.

My Dad pushed me to do well, or at least to give my best effort, in everything I did. He was obviously proud of me when I did well, but didn't get on my case if I wasn't the best, or if there was somebody who was better than me. He did, however, know if I hadn't given 100%, and I carried the shame I felt from his uncomfortable

silence. I was always harder on myself than he was. So I guess if you're looking for that secret psychological, deep seated "thing", that's probably it. I never felt like I was

quite good enough, because there was always room ~~that~~ where I could have done better. And here's the kicker: when I was doing the best out of all competitors, whatever

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the arena (sports, academics, social standing), I managed to sabotage myself somehow because I didn't ever feel like I was worthy of being the king of the mountain.

So I moved on from my "normal" childhood and typical happy but occasionally awkward teenage years, 4 years Varsity Soccer, 3 years wrestling, National Honor Society, Conversationally fluent in Spanish, graduate in the top 5% of my high school class, blah blah blah, etc etc. Perfectly groomed to continue my destiny as the number one son of the number one son of the Captain.

I entered as one of the 1000+ initial members of the U.S. Air Force Academy class of '92. All of the sudden, I was surrounded by people like me. Not all exactly the same, but they were all high achievers. I finally didn't need to self sabotage. Things weren't so easy for me anymore. I found myself ~~actually~~ having to work extremely hard to compete with my peers on every scale! I loved it! I thrived on it! I was gloriously... Average!

I began to make friends, and over time as our weekend privileges expanded, we started going out partying to relieve our mutual pent up stress and frustration. I found a unique comradery in having drinking buddies that had the same angst I felt. And we took care of each other. We never left a man behind. Dump him into the trunk of the car in freezing cold if you had to, but we made sure everyone was back in time for the next formation.

It was the norm at most of our parties to drink like fish and get a little crazy, so we did. It's just that most of the guys quit drinking when they felt tired or felt they had enough. I just wanted to keep going.

I think my first blackout was during college, but I don't remember (no joke intended.) By the grace of God, I managed to graduate relatively unscathed with my commission.

I followed my girlfriend to my first military assignment where she had already been established for a year. I quickly met her group of friends, and made more friends of my own, mostly associated with Friday nights at the Club. I had a built in designated driver with my girlfriend. I thought that was a pretty good deal, so I married her. (OK, there were several other reasons.) The partying continued, but since I was free from the "Zoo" (college), I was an "adult" now, so I kept my own booze at home as well. The daily routine began: Get home from work, wife was still working, I was bored, so I started to have a few drinks. For a few years, it remained pretty mild drinking, with a few stints of complete non-drinking. Then I went to pilot training. My wife had to stay at her assignment, so I was living on my own. Work, study, study, drink, and repeat. Drinkers seem to seek each other out, so those of us that drank hung out together and encouraged each other, both in studies and in drinking.

After pilot training, we moved to my first flying assignment. I excelled as a co-pilot, and seemingly to me, I was one of the "good guys". I would have a few beers with the older pilots after work, listen to their stories, etc. We all deployed together, strengthening our bond, and ~~strengthening our ties to drinking-related activities socially~~, getting together more frequently for social gatherings, usually involving lots of drinking.

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My drinking at home increased to the point that my wife started making comments about it, checking the levels of my bottles, etc. So to keep her from bitching, I did the logical thing and started stashing my booze. She was happy because she saw me only have 1 or 2 drinks a night. She never saw the 5 or 6 others I had while I was "working on the car" or "doing yardwork" or "taking the dogs for a walk".

My flying skills increased, as did my levels of responsibility and supervision in the squadron, the Wing, and the Air Force. Shop Chief, Flight Commander, "18<sup>th</sup> Wings" #1 helicopter tactics expert, CBO of the Qtr. All the while drinking a little bit more and more, and having to hide it even more.

I got stationed back in my hometown of ABQ with the task of teaching young special ops aircrew how to become hardened terrorist killing warriors. I was at the top of my game, at least it looked that way from the outside. Really, my life and sanity were crumbling because of booze. I was just really good at hiding it.

While in ABQ, I got to spend some time close to my family. And, after a few years there, I got to watch my Mom die an alcoholic. We were all devastated. My Dad was very strong about it. What I think I realize now is that he was probably relieved that it was finally over. He wasn't chained to a spouse that was chained to a bottle. Of course, hindsight's 20/20. I wish that had registered more strongly with me at the time, because my wife was chained to me and my bottle in the same way. The only difference is that she didn't wait around for me to croak, she had the strength to break the chain. Or, probably more truthfully,

She was just too tired to hold on to the chain anymore and she just let it go. So ~~me and my~~ bottle (my bottle and I) sunk to the bottom of our sea of booze and she floated away.

So now I'm in Germany, flying a desk. I have been medically disqualified from flying status for 2 months now. I intend to pursue a waiver, recently motivated by this program. Life will go on. It won't be perfect. There's a lot I'm still learning and figuring out. But I will press forward, work as hard as I can and make the most of what God has presented to me.

## Your Next Bottom

Dear Doug,

I can tell you're headed for a relapse because you think you've got it all together. You're meeting attendance has been dwindling, maybe even stopped all together. When is the last meeting you went to at Landschl or V-web? You haven't been to at least 2 meetings in one week! Either you think you can do this all by yourself without continued support (violating steps 2 & 3), or you're back to thinking that maybe just a few drinks here and there are OK (violating step 1). Get back on track, dude. Because if you don't, here's what could happen:

Scene 1: You've been on your last, final, final, final chance for awhile. Everything had been going smoothly so you take M & S out on a week vacation. You're away from "the microscope" so you enjoy a few drinks sitting at the vacation hotel's cafe. No harm done, so you go out sightseeing. You sneak a bottle w/ you so you can keep the buzz going while you're out there. No one pays attention to the "water bottle" you keep sipping from on the tour. After the tour, it's time to drive back to the hotel. S mentions something... asks if you're OK, you seem a little quiet. Then she asks if you've been drinking. You deny it. Now you're pissed off because she's "nagging", so you stop at a gas station and get more to drink. Blacked out on the A-bahn, you wake up around flashing lights, look over to see S being helped in the Ambulance, hysterical, and ~~a small Marc's black body bag on the ground~~ <sup>stretcher being picked up by</sup> then carried away into the ~~ambulance~~ <sup>ambulance with her</sup>.

~~days~~  
A few ~~weeks~~ later, after repeated "I'm sorry's" and "please forgive me's" with nothing but silent tears as a response, you find S one evening, lying in the bath tub, empty ~~pill~~ pill box on the floor. Her now gray baby is under the cold water. There's no chance to revive her. Anyways, ~~she's already~~ you took all of her life from her earlier when M died on the A-bahn. She got the call that Marc didn't make it.

Scene 2: You're late for work, some sick story about car problems, or a traffic jam. You look like shit. You smell even worse. Stories from the office. Not pity or shame, just looks of disgust. You're ~~scolded~~ to go officially breathalyzed, but you know what it will say. All of the dreams you built w/ S. The life you were going to have together. You try to explain to her why you can't stay. How do you explain SOFA? how do you explain that once you're deported, the chances of you getting a Visa back to Germany are practically NIL? You know she can't leave. All she ever wanted was to have a happy simple life with you. She trusted you. She finally could open her heart to someone again, and that person was you. You totally destroyed her.